

# Cascade Bruin News

CASCADE HIGH SCHOOL NEWSLETTER

February 2020

VOLUME 3, ISSUE 6



## From the Principal

Dear Cascade Families,

I hope this month's newsletter finds you well. Hopefully the recent snow was not too terribly inconvenient for you, but I want to express appreciation to all in the Cascade community for their flexibility and hard work to ensure everyone's safety as much as possible. Moving forward it is an important reminder for all of us to use caution when weather is inclement.

As we move into second semester, one of the most vital habits for future success that students can develop while still in school is learning how to consistently become engaged with their world. That often means more than showing up, which consequently and predictably is a huge determinant of a student's success in school. One of the most important messages that we share with our students during 9<sup>th</sup> grade orientation in August is that in school, and in life, that they often have three primary ways they can choose to use their time: to waste, to spend, or to invest. To *waste* meaning that they choose to focus on things that are not meaningful or helpful to them or others. That at the end of things to ask, "what happened?" rather than having purpose. To *spend* meaning that they passively engage, not ever really stepping into the action or becoming truly involved. To *invest* meaning that they treat their time as an opportunity to better prepare themselves for the future they want. The point being that helping young people realize that as they grow older and more independent, how they choose to invest their energies, their resources, and ultimately themselves often plays a key role in making sure they progress as people. We ask for your help in this.

Here's how you can help:

- Talk about the importance of showing up to school every day; make that the expectation.
- Help your child maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and medical appointments during the school day.
- Stay on top of academic progress and seek help from teachers or tutors if necessary. If you haven't set up grade checks, you can by visiting <https://www.everettsd.org/Page/26204>. Make sure teachers know how to contact you.
- Ask us for help if you need it. Students who miss only two days a month are putting their graduation at risk. Please call your child's counselor if you have concerns. We are here to help.
- Reassure and encourage your student with every chance you get. Beginnings and ends of semesters are stressful times for many students and the more adults in our students' lives who continually provide support can make a huge difference.

Lastly, I wanted to be sure that everyone was aware the Everett Public Schools Board of Directors approved a bond measure to be voted on in April 2020. Information on the proposed bond projects can be found here: <https://www.everettsd.org/Page/30400> and includes a breakdown on what the projects are and what locations they would impact. Cascade projects can also be found on the last page of this newsletter.

Thank you for your continuing support of our Cascade Community and here's to the beginning of new semester!

Sincerely,  
Michael Takayoshi  
Principal, Cascade High School  
[Mtakayoshi@everettsd.org](mailto:Mtakayoshi@everettsd.org)

**Michael Takayoshi**  
Principal

**Cascade High School**  
801 Casino Road,  
Everett, WA 98203  
[www.everettsd.org/cascadehs](http://www.everettsd.org/cascadehs)

**February 7**  
Learning Improvement Friday

**February 14**  
Learning Improvement Friday

**February 17-18**  
Mid-Winter Break

**February 21**  
Learning Improvement Friday

**February 28**  
Learning Improvement Friday

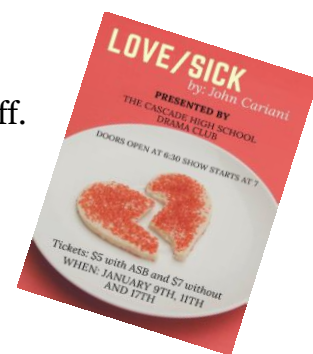


# CASCADE HIGH SCHOOL

## Associated Student Body

The first semester of the 2019-2020 school year has officially concluded. As with every school year, January tends to be quite a very fast-paced and rigorous time of the year. Especially with the appearance of finals at the end of the month. That being said, our students are settled back in and ready to continue to finish the rest of their journey as they enter this second semester.

Although January seemed like such a short month in this school year due to the brief 5-day snowstorm, our student body was enlightened by the presence of Australian students, who shared a stay with a few of our fellow students and staff. They were such a delight to have and we would like to recognize and thank everyone who helped in the process of the hosting for these Australian families. Also, this month, our Drama Club held their first play of the school year, *Love/Sick*, which features multiple accounts of romantic comedy stories. This play was a massive success with this production selling out for all three nights.



In the month of February, we are very excited about our future coming events! This month we will be having our first StuCo/ Senate meeting this semester, and hopefully, we will get a fresh perspective from our new representatives and find more ways to help improve the environment here at Cascade. Also, last but not least, we will also be putting on our Tolo dance at the end of the month and the theme is yet to be determined. February is going to be an interesting month so stay tuned!

As the second semester comes in full swing, let us all recognize the great strides our student body has accomplished. I look forward to this semester as we continue to advocate for changes around Cascade to help adapt to the needs of our students. Let's finish the second half of the school year on a high note as we work towards strengthening our community of staff and students and continue to show how we are all ***“Connected by the Crimson.”***

***Kind Regards,  
Hilton Nguyen  
ASB President  
Cascade Highschool***



# Class of 2020 Information!



## [Class of 2020 Timeline](#)

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### Seniors!

**Have you applied to colleges already? Have you been getting emails from colleges where you applied to about updating your initial transcripts?? Please don't worry!!** Colleges are sending out those automatic reminders because they know that the semester is at a close and there will be updates to your transcripts.

Please understand that after 1st semester final grades have been completed and report cards come out, your new, updated, mid-year transcript will be sent to all colleges where you have already submitted an application. You DO NOT have to put in all your transcript requests again.

If you have not applied to a college yet, that is okay. You can request your transcripts when you apply then check your **messages** in **Naviance** for the link to a short video on how to request your transcripts to make sure it will be sent!!

If you have questions about the transcript process, please email [naviance@everettsd.org](mailto:naviance@everettsd.org) and make sure to include the name of the school you attend.

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### Seniors!

It's Scholarship season! All scholarships are posted in Naviance!

Click "Colleges" tab

Click "Scholarships and Money"

Click "Scholarship list"

This is how you find ALL local scholarships!

**Including the NEW for 2020,**

**"CHS Class of 2020 Sourdough Bread Scholarship"**





# 2020 Presidential Inauguration

Students the 2020 Presidential election will soon be here, and it will be historic! We are planning a trip to the East Coast to witness the next Presidential Inauguration in DC! Please consider joining us on this once in a lifetime opportunity to participate in Democracy in action! If interested, please contact Ms. Webster at [Mwebster@everettsd.org](mailto:Mwebster@everettsd.org) or 425-385-6177. There is a meeting Wednesday, February 5<sup>th</sup> from 6:30 to 7:30 pm in the Library.



**SPRING WORLD LANGUAGE TEST - MARCH 18, 2020  
REGISTRATION ENDS ON FEBRUARY 14, 2020**

## Earn world language credit

Can you fluently read, write, speak, and listen in a language other than English?

Students in grades 7 through 12 can earn high school credit in a world language by successfully passing district-approved assessments and demonstrating language proficiency in the content areas of listening, speaking, reading, and writing in this language.

- Students can earn up to four credits, depending upon the level of proficiency they demonstrate on the assessments across all four content areas.
- Students will earn proficiency-based high school credits, may meet the world language credit requirement for graduation, and may qualify for the Seal of Biliteracy on their diploma.



**REGISTER AT THE TREASURER'S WINDOW  
LAST DAY TO REGISTER IS  
FEBRUARY 14 BY THE END OF THE SCHOOL DAY**

**Important Note: There won't be late registrations after February 14**

**If you have questions about:**

- a specific language exam, contact [WLA@everettsd.org](mailto:WLA@everettsd.org). There are many languages available.
- high school credit, contact your school counselor
- registering and paying for the tests, contact your high school treasurer or middle school office manager

For more information, see the [World Language Frequently Asked Questions](#) or contact [WLA@everettsd.org](mailto:WLA@everettsd.org).

**Registration:**

Students must register and pay the \$10 testing fee to the high school or middle school treasurer within the registration window.

**Test day schedule**

High Schools		Middle Schools	
7:30 a.m.	Sign in	8:30 a.m.	Sign in
8 a.m.	Test begins	9 a.m.	Test begins

*Most tests are untimed and students finish around noon. ALTA writing tests are limited to one hour.*



Curriculum, Assessment, and Special Programs Department

World Language Registration © 2016 by [Everett Public Schools](#) is made available under a [Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License](#)





CASCADE HIGH SCHOOL

# 2020 TOLO

Join us for dancing, games and fun!

FEBRUARY 28, 2020  
8:00 TO 11:00 PM  
CHS CAFETERIA

Pre-Sale  
\$5 w/asb  
\$10, w/o asb & Guest

At the door  
\$10 w/asb  
\$15 w/o asb



**Studies are Bruin in the Library!**

**When: Tuesdays and Thursdays**

**Time: 2:10PM – 3:30PM**

**DO HOMEWORK**

**Study for Assessments**

**READ**

**GroupWork on Projects**

**Tutoring by Appointment**

**TECH ASSISTANCE**

**Meet with a Study**

**STUDY**

**Come join us in the CHS Library!**

**Activity Bus available at 4pm**





# CASCADE HIGH SCHOOL

## Attendance Policies

**Lisa Haines, Attendance Secretary**

**(425) 385-6004**

**To excuse an absence or tardy,  
please do one of the following as stated below.**

Welcome to the 2019-20 school year.

Please read the information below outlining the CHS Attendance procedures.

- 1) **Written notes (paper) or an e-mail to [chsattendance@everettsd.org](mailto:chsattendance@everettsd.org) are required to excuse a student's absence. You can also send a fax to (425) 385-6002 to excuse your student.** Phone calls reported to the attendance line need to be followed up with a note or e-mail.

Students who are running late to class in the morning or anytime during the school day, who do not have a note excusing their tardy or absence, will go directly to class. If the student has a note from a parent/guardian or doctor's note they will stop by the attendance office to receive a late pass to class. If your student needs to leave early for an appointment during the school day please send a written note and have your student drop it off to the attendance office. I will write them a pass to give to their teacher stating the time they need to leave class for the appointment and send them to the attendance office to sign out.

Students are not permitted to leave school or meet a parent in the parking lot. For safety reasons, parents/guardians on record with the school must come into the Attendance Office to sign out their students.

If a student leaves school without permission and without signing out in the Attendance Office, their absences will remain **unexcused**.

**Do NOT text or call your student during class to have them leave.** Teachers do not allow students to leave unless the Attendance Office calls to authorize it.

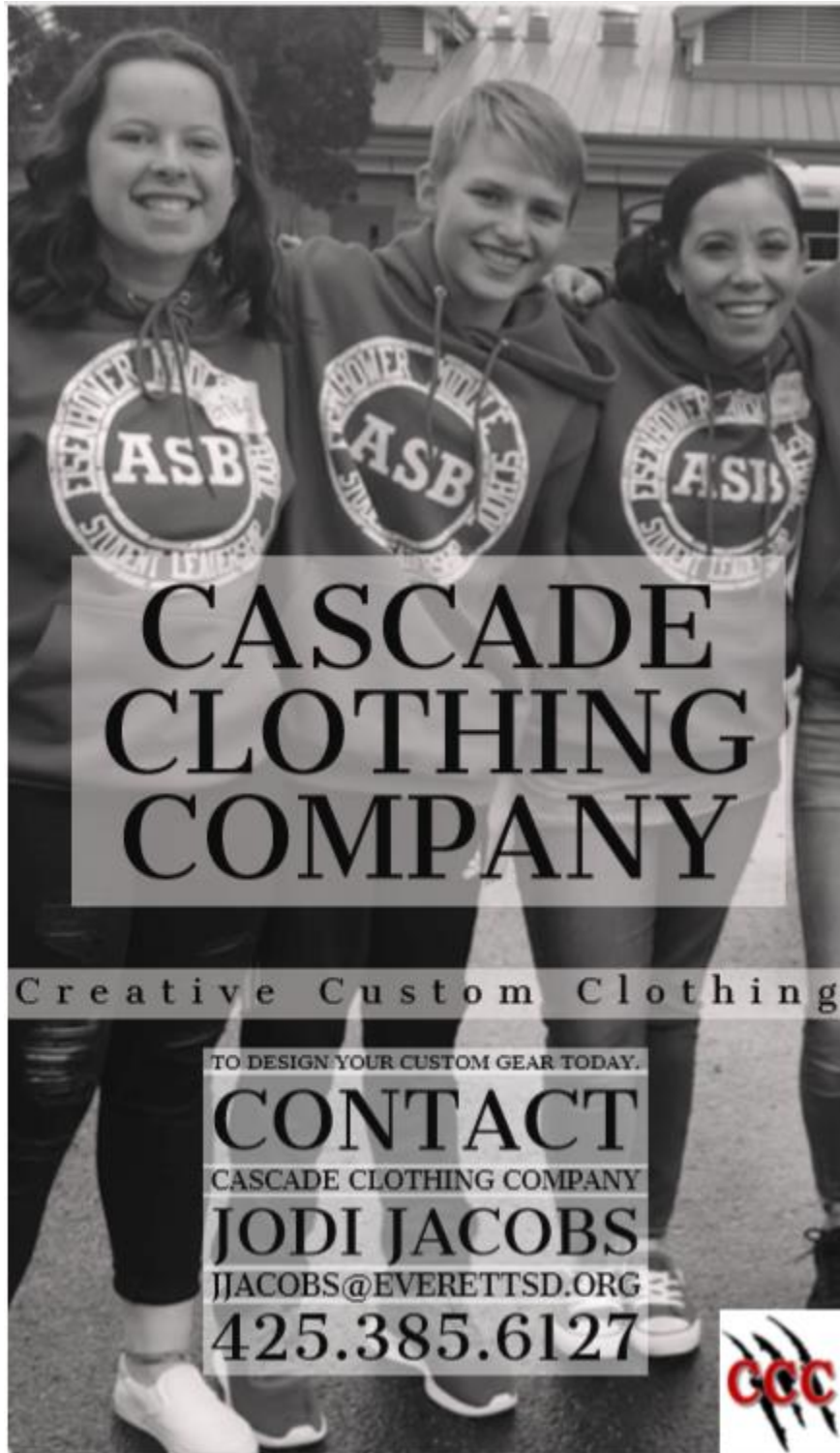
- 2) **Students must turn in their notes to excuse previous absences, early dismissals, bus notes, written by a parent, by 10:00 a.m. in the morning.** If your student forgets to turn in their absence note, they are welcomed and encouraged to bring it within the 30-day timeframe.
- 3) **Notes must be turned in within 30 days after a student returns back to school,** not including holidays or weekends, in order to have the absence excused. Notes turned in past the 30-day timeframe will be accepted; however, the absence is not excused and will be coded with **LN for late note**.



- 4) **IF you receive a phone call saying your student was marked absent in a class** and they say to you, “I was there,” please contact the teacher directly about this discrepancy or have your students stop by the attendance office for a pink Attendance Correction Request slip. The student will need to take care of this with the teacher who marked them absent. The teacher is the only one that can give permission to change an absence that is deemed a “mistake” as they are the only one who can verify if a student was in class, in the wrong seat or tardy. The 30 day policy or before 10:00 a.m. policy does not apply for fixing these mistakes.
- 5) If your student is out of school **over 5 days due to illness, a doctor’s note is required to excuse the absence. Homework can be requested for students out sick over 3 days.** Please be aware that we require 24 hour’s notice to teachers for homework collection. You are welcome to email teachers directly to request schoolwork.
- 6) **Pre-Arranged absence request:** If your student is going to be out of school due to vacations, surgeries, tournaments, appointments, etc., a pre-arranged absence form is required. These forms are found on-line or in the attendance office. This must be filled out by the student and signed by all teachers along with parent/guardian. The Principal will review and consider all Pre-Arranged absence requests before approval.
- 7) **PLEASE know what time your student has lunch or is in a PE class.** It is ***not possible to find your student during lunch and extremely difficult to find them during PE.*** If you must pick them up during either of these times, please send a note with your student asking for them to be dismissed at a specific time. Your student will bring that note to the attendance office before school begins to pick up a pass that will allow them to meet you at the attendance office at the time specified.
- 8) **Please remember that if your student missed the bus, overslept or is running late, or had car trouble, the absence will not be excused per ESD policy.**
- 9) **The following excuses are considered valid and acceptable per the Everett School District Attendance Policy:**
  - **Illness**
  - **Appointment**
  - **Funeral**
  - **Emergency gious Observance**








**CASCADE  
CLOTHING  
COMPANY**

Creative Custom Clothing

TO DESIGN YOUR CUSTOM GEAR TODAY.

**CONTACT**  
CASCADE CLOTHING COMPANY  
**JODI JACOBS**  
JJACOBS@EVERETSD.ORG  
425.385.6127





# PS

*The Pride Shop*

CASCADE

HIGH SCHOOL

SPIRIT WEAR

FOR MORE INFORMATION EMAIL:  
JJACOBS@EVERETTSD.ORG



## Everett School Board Welcomes Two New Members

This November voters elected two new members to the Everett School District Board. April Berg will fill position 2, the seat vacated by the retirement of longtime school board director Carol Andrews. Berg lives in Mill Creek and is a planning commissioner for the city. She has four children, two in university, one at Henry M. Jackson High School and one at Heatherwood Middle School



Andrew J. Nicholls will fill position 1, the seat held by Jamyang Dorjee Nhangkar who was appointed to the board in September 2018. Nicholls is a research social worker with the VA Puget Sound Medical Center and has two children who will soon be entering school in the district's north end.

## Lunch payments are easy with the app



Want to see your student's lunch balance and pay a balance from your phone? If you're logged into the district's mobile app, you can find and pay your student's lunch balance under your student's info. An icon inside the app also gives a shortcut to deposit funds for your student's lunch account. To make a payment, look for the green chef's hat icon.

The latest school news and information in Everett Public Schools is available on smartphones and mobile devices with a mobile app. The free mobile app is available in the online iTunes® and Google Play® app stores. Once you've downloaded the app, log in to "student info" with your LMS password to see student-specific information for each of your children.



## Parent safety tip

Six ways your student can protect their online identities:

1. Share carefully – don't give out any personal information to unknown sites or strangers
2. Go private – keep privacy settings high and limit location services when possible
3. Log out – especially after using shared computers
4. Mix up passwords – use different passwords for different apps and websites
5. Avoid clickbait – avoid quizzes and random questionnaires
6. Choose wisely – pick an appropriate username

Learn more about online safety, digital wellness, cell phones and learning with technology with age-specific tips and tools on [www.common sense media.org](http://www.common sense media.org).



## Kindergarten registration begins in March

Do you have a child who will be 5 years old by Aug. 31, 2019? Registration begins on March 2, 2020, at all district elementary schools.

## Did you know?

Every year OSPI publishes a report card for each district and each school within the district. This year OSPI is using a new application to do this and will require a little more effort to find the data available for Everett Public Schools. You can [access the 2017-18 data](#) on the OSPI website.

To review the data for the school district or a school start typing in the name and a drop box will appear with choices. Click on your choice to view the report card.

The screenshot shows a search interface on the OSPI website. On the left is a map of Washington state. To the right, the heading reads "I want to see data for a school or school district". Below this is a search box labeled "School or District Name:" containing the text "start typing". To the right of the search box is a blue "Go" button. Below the search box are two links: "clear" and "See all schools and districts".

Optionally you can click on See all schools and districts and navigate the to the district or school you want to select.



## Do you have a student in special education?

Did you know there is a Special Education PTSA in the district? The Special Education PTSA serves students, families, and educators involved in Special Education. They encourage students, families, educators and community members to work collaboratively to provide programs and activities recognizing each student's potential and enhancing the educational opportunities of children receiving and/or seeking special services in our district. Connect with the SEPTSA on [their Facebook page](#).

## Harvest of the month

This month, the Food and Nutrition Department brings you beans! Be sure to give them a try this month in our homemade hummus, black bean burger or vegetarian chili!

Did you know that there are over 40,000 different varieties of beans and are an excellent of protein and fiber? Find out more by checking out the Harvest of the Month flyer on our website at <https://www.everettsd.org>



I've bean thinking about you...



## 2020 capital projects bond - community open house meetings

Everett Public Schools is placing a \$317.4 million bond on the April 2020 ballot. This measure will provide crucial funding to build permanent classroom space to accommodate growth, improve safety and security and make necessary school improvements.

Upcoming Community Open House meetings are scheduled, and we encourage everyone to attend one:

THURSDAY, FEB 6	THURSDAY, FEB 13	TUESDAY, FEB 25
6 – 7 p.m.	6 – 7 p.m.	6 – 7 p.m.
<b>CASCADE</b> HIGH SCHOOL	<b>EVERETT</b> HIGH SCHOOL	<b>JACKSON</b> HIGH SCHOOL
801 E Casino Road Everett WA 98203	2416 Colby Avenue Everett WA 98201	1508 136th St. SE Mill Creek WA 98012

## What the 2020 capital projects bond will fund at our school?

### Cascade High School

**Here's what the April 28th Capital Bond will fund at our school.**

- Modernize and expand science building for science classrooms and aerospace & advanced manufacturing pathway
- Renovate cafeteria, kitchen and server area
- Install security fencing
- Install access control system
- Renovate softball field and dugouts
- Upgrade after hours intrusion detection security system
- Replace locksets and keying system
- Upgrade technology infrastructure electrical systems
- Upgrade student information system

**2020 BOND \$317.4 MILLION**

\$33.7M	Add 16 new elementary classrooms at 4 schools
\$165M	Replace Matheson, Jackson, Lowell elementary schools
\$46.4M	Modernize and upgrade buildings for STEM career pathways and new science standards
\$33.3M	Modernize and upgrade schools cafeteria, lunches and auditoriums
\$17.0M	Upgrade HVAC, roofing and flooring systems
\$5.7M	Improve safety and security
\$6.2M	Replace aging playground equipment, synthetic turf and track at Memorial Stadium and other playfields
\$8.9M	Upgrade technology infrastructure

**EVERETT PUBLIC SCHOOLS**  
Learn more at: [www.everettsd.org/bond2020](http://www.everettsd.org/bond2020)

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3900 Broadway  
Everett, WA 98201  
425-385-4000  
[www.everettsd.org](http://www.everettsd.org)

Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Title IX Officer/Civil Rights Compliance Officer – Mary O'Brien, [MO'Brien@everettsd.org](mailto:MO'Brien@everettsd.org), 425-385-4106, PO Box 2098, Everett, WA 98213
- 504 Coordinator – Becky Ballbach, [rballbach@everettsd.org](mailto:rballbach@everettsd.org), 425-385-4063, PO Box 2098, Everett, WA 98213
- ADA Coordinator – Randi Seaberg, [rseaberg@everettsd.org](mailto:rseaberg@everettsd.org), 425-385-4104, PO Box 2098, Everett, WA 98213